



# **The Dental Suite**

16-20 South Street Centre Hythe, Southampton SO45 6EB

Over recent months we've been making a few improvements to our Practice. To keep you informed we thought it would be a good idea to share some of these recent events with you. We'd love to hear back from you, so if you have any views or special occasions you'd like to share with us, please post or email them to **reception@dentalsuite.co.uk**.

#### A NEW FACE FOR THE DENTAL SUITE

We like to think that over recent years the service we offer has continually improved – but one thing that hadn't changed was our old website. It was beginning to show its age and we found it hard to update with news and information to keep it useful for you.

So over the last few months we've been working hard to create a new one. Our aim is to make it clear, easy to use and easy to find. Please take a look and tell us what you think; www.dentalsuite.co.uk





# HOME VISITS FOR DENTURE CARE

Starting June, we are hugely excited to offer home visits for denture fitting by Michelle, our Clinical Dental Technician. We were aware that many people have limited mobility and yet everyone can benefit from good dental care. We believe that issues with mobility should not prevent anyone from accessing professional dental care, so now we are able to come to you.

We can offer full dental care as well as making and adjusting new dentures. Appointments are strictly limited so if you know of someone who could benefit from a home visit please call Reception on 023 8084 2106 to discuss how we can help.

# Get the smile rou deserve Teeth Whitening ers John Smiles Jiants John Smiles J

Our Principal Dentist Duv at the Rhinefield House Wedding Fair

# Weddings in the air

Earlier this year we attended the wedding fair at Rhinefield House, Brockenhurst. It was the first time we have ventured out like this and the time passed quickly with hundreds of brides visiting to find inspiration for their big day.

Smiling is essential at any wedding and we showed how you can easily improve your smile for the bride, groom and even the whole family.

Greatest interest was for our 'Snap-on Smile' which is a very simple custom-made 'cover' that evens-up crooked, stained or missing teeth, providing you with an instant and painless perfect smile that can be used again and again.



Still on the subject of weddings if anyone in your family is planning their big day we recommend a visit to our local bridal boutique - Something Old, Something New at their new shop in Pylewell Precinct.

We popped round recently for a quick peek and owner Steph Waterman made us feel so welcome. Her stock of couture wedding dresses is absolutely stunning and all at surprisingly affordable prices. You really should take a look.

www.hampshireweddingdresses.co.uk





Baxter, always trying to be bigger!

#### DOG OF THE DAY

Living on the edge of the New Forest it comes as no surprise that dogs are our favourite pet. It turns out that almost all of us have a dog and their silly antics are often a subject of conversation. We thought we'd share some of their more amusing traits with you.

First on our list is Baxter, the border terrier who shares his home with Sharon, our Accounts & HR Manager. Baxter is obviously a small dog with a big attitude. He has some very funny habits, including his addiction to anything minty (which is a story for another day!). However it is his insistence on climbing fallen trees that is the most bizarre. No matter where we are in the forest if we can't see Baxter then we look for the nearest log and there he is perched on top. I know dogs love sticks but this is ridiculous!

If you'd like to share the antics of your pet then please send details to **info@dentalsuite.co.uk** or post to the address overleaf. We look forward to sharing them.

## Community News

### Supporting Totton College



Our Lead Nurse Milly enjoyed spending an afternoon at Totton College recently talking to students with learning difficulties and their tutors/carers about Oral Health. The talk covered the anatomy of a tooth, oral hygiene and dietary advice.

Each student was given a goody bag containing floss picks, TePe brushes, tooth paste and information regarding oral hygiene. The students enjoyed interacting with Milly and each other and practicing flossing and brushing techniques.

They brought Milly a beautiful bunch of tulips as a thank you. We enjoy sharing our knowledge like this, so if you know of a group or business who would also appreciate our visits please do get in contact with Milly via reception@dentalsuite.co.uk.

#### **YOUR VIEWS**

We always welcome feedback from our patients as that's the best way to learn and improve the service we offer. We were very touched to receive a letter from the River of Life Church, Lymington.

We had been treating a church member who had in the past received indifferent and expensive treatments from other dental practices. Her treatment was not straightforward due to health reasons but we aim to offer the very best care for everyone. It was therefore very moving for us to read,

"From the outset your very kind approach, gentle manner and clear explanations set her at ease and this has been followed through with kindness and encouragement from Michelle; your dental nurse and the very kind reception staff.

Along with all her friends at the church we all wish to say a very big 'thank you' to all the team...who have provided an amazing result."

We feel honoured to have been able to help.

#### A SUMMER SOCIAL

We had fantastic fun early June at the Beaulieu Cricket Club summer barbecue. Besides being blessed with lovely weather and the sun shining throughout the evening, it was lovely to meet the team and organisers. The overall atmosphere was incredible, the BBQ was excellent and the day very well organised. We recommend attending this next year.



#### **Tooth**

MOUTHYO S MSESOA URSEHRFO ENTISTHRP

#### Word List

**TEETH FILLING BRUSH FLOSS** PLAQUE **GUMS** NURSE **DENTIST** MOUTH **SWEETIES** 

It's interesting to discover people's hidden hobbies. We were surprised to learn that Sharon is a dab hand at creating Word Search puzzles.

We've got her to create our very first puzzle to entertain children of all ages. See how quickly you can find all the words!

#### Recommended Product

Many of you will have heard us recommending using interdental brushes. These are invaluable at reaching between your teeth to remove food and reduce the build-up of plaque – and it's plaque that can cause more tooth loss than actual decay!

However many patients have long complained that they can't reach into the back of their mouths. We're amazed that its taken so long for leading manufacturer TePe to answer this problem by introducing a long handled angled brush.

You can buy interdental brushes from our Reception and from all good chemists.

These come in a wide range of brush sizes and colours, to match the standard range. Please ask at Reception for details.



TePe Long Handled Interdent Brushes



Remember if you're a Facebook user you can follow us at www.facebook.com/thedentalsuitehythe

## KIDS GO FREE!

Don't forget we offer free dental care to children under 16 years old with a parent registered at the practice.

Monitoring growing teeth and oral health is important for young children, as is getting them used to visiting without fear. If you're a patient and you've not taken your children to the dentist for a while please make an appointment now. Good habits start young!

# Refer a friend

We are always happy to welcome new patients at the Dental Suite. If you have a friend or family member who is looking for reliable and affordable dental care why not pass this voucher to them?

They will receive £15.00 off their first consultation and you'll receive a £10.00 John Lewis voucher to spend or share as you like.





#### **The Dental Suite**

Affordable high quality implant, cosmetic & general dentistry

16-20 South Street Centre
Hythe, Southampton SO45 6EB
With ample free parking on site

T: 023 8084 2106
E: info@dentalsuite.co.uk
www.dentalsuite.co.uk

Our Special Thank You!

#### Save £15.00

Bring this voucher with you or tell us when you phone to make an appointment

| Your name             | <br> |      | <br> | <br> | <br> | <br> |  |
|-----------------------|------|------|------|------|------|------|--|
| Address               | <br> | <br> | <br> | <br> | <br> | <br> |  |
| Your friend's name    | <br> | <br> | <br> | <br> | <br> | <br> |  |
| For new patients only |      |      |      |      |      |      |  |

